Biochemistry Lab Orientation

Training Checklist 2

Emergency and Facility Safety

- O Read the Emergency Information posted on the yellow Safety Information board
- O Locate telephones and list of phone numbers
- o Locate nearest Fire Extinguishers
- Locate nearest Emergency Exits
- o Locate Emergency Eyewash
- o Locate Emergency Shower
- o Locate safety glasses
- o Locate gloves
- O Locate lab coats (magenta for use with radioactive materials; blue for all other work)
- O Have you brought any radioactive materials or hazardous chemical materials?
- O Update, verify, and sign your Hazard Assessment Form and return form to SBC host
- o Locate MSDS (Material Safety Data Sheets) posted outside laboratory door near APS floor.
- O Locate radiation survey meter and learn proper usage
- O Locate hazardous chemicals spill kit and learn proper usage

Introduction to Laboratory

- O Label your equipment and supplies with the user-symbol-coded labels so that we can contact you about items you might have left behind
- Fill-in this checklist and post it on the yellow Safety
- O Store your user-symbol-coded labels in the rack on the yellow Safety Information board
- O Locate laboratory bench work area for your group
- O Locate purified water and learn procedures for dispensing (demonstrated by volunteer)
- O Locate microscope and learn operations procedures (instructions are posted on wall)
- O Locate chemical storage cabinets and learn proper storage of chemicals
- O Learn proper labeling of chemicals (label with Name, Date, and Contents)
- O Learn proper disposal of chemicals NOTE: For Hazardous Waste Disposal, contact SBC staff.
- O Locate chemical fume hood and learn operations procedures
- O Learn safe use of cryogenic liquids (nitrogen, propane)
- o Locate cryocrystallographic tools and dewars
- O Learn that if you choose to store crystals at the SBC facility, it is at your own risk
- Learn labeling protocol for crystals to be archived in the SBC liquid nitrogen dewar
- O Learn labeling protocol for crystal trays to remain at the SBC facility

Introduction to Cold Room

- O Locate work area for your group
- O Locate microscope and learn operations procedures

Biochemistry Laboratory Work Station Assignment:	Information board
Institutional Affiliation:	
Principal Investigator:	SBC Exp. Tracking No.
Training valid for this experimental run only. SBC Staff Instructor	Date